

## Law of Attraction Worksheet for Career Seekers

### Directions for this worksheet:

1. **Step One** - Ask yourself: What isn't working for you at your current job? Think about the people, the environment and the job responsibilities and write down whatever comes to mind on the left side of the chart on the next page.
2. **Step Two** - Once you've identified what you don't like, start a contrast list to the right of this list, i.e. write down the *opposite* of each item you don't like. For example, if you don't like working on the same project on a regular basis, what would you rather have? Identify what you DO want with a statement like: Responsibility for a variety of projects at the same time, or working with short-term projects that only last 2-3 months.
3. **Step Three** - Next think about anything you do like about your current job, and note those on your "want" list as well. This list is the beginning of the process to help you define what you want in a job and can be simple, it just takes some time to reflect.

After you complete this form if you'd like additional help, [contact me](#) or register for my [Career Seekers Coaching Program](#).

And if you're interested in a **monthly helping of tips and suggestions** for choosing a career that's right for you, [click here to sign up for my free ezine Creating Your Own Path](#).



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What isn't working for you at your current job, or didn't work at previous jobs.	What would you rather have? What do you want instead?

(\*Contrast Worksheet Adapted From the Book, "Law of Attraction", by Michael Losier.)

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